

DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCE

SUB-INTERNSHIP IN INPATIENT CHILD & ADOLESCENT PSYCHIATRY ELECTIVE

Course Director: Meenatchi Ramani, MD

Duration: 4 Weeks

GOALS

It is proposed as an opportunity for students to have extra time to explore child development, developmental pediatrics, child psychiatry and family psychiatry as possible career choices.

OBJECTIVES

This elective will provide the student interested in child and adolescent psychiatry an introductory experience in the evaluation and treatment of emotional and behavioral problems of children within the context of their biological family and psychosocial environment.

CLINICAL EXPERIENCE

In this elective, the student will have an opportunity to experience the outpatient practice of child and adolescent psychiatry. Students will rotate through a variety of different clinical sites. During this elective, students will work closely with general psychiatry residents, child and adolescent psychiatry fellows, and staff psychiatrists to learn about the diagnosis and treatment of the wide range of psychopathology seen in children and adolescents.

The successful student will be able to:

- Learn more about the general field of child psychiatry.
- Understand how psychiatric/psychological issues may present on an acute child & adolescent psychiatric inpatient unit.
- Understand the work-up for the differential diagnoses of the major presentations of acute psychiatric admissions of children and adolescents.
- Understand how care on a child and adolescent inpatient unit is managed
- Understand basic developmental milestones for each age group of children and adolescents, so as to be able to document exceptions in an inpatient admission
- Understand the diagnostic criteria for Attention Deficit Disorder, major depression, psychotic disorders, pervasive developmental disorders, disruptive behavior disorders, and substance abuse in children and adolescents
- Understand how children may present with these difficulties differently from adults
- Understand the psychopharmacology, including dosing, side effects, and mechanism of actions of first-line medications, with regards to above diagnoses
- Develop basic skills in behavioral interventions for parents to help with severe behavioral problems of psychopathologic behavior problems of children and adolescents
- Learn basic methods of assessing the medical and psychosocial functioning of children and adolescents
- Utilize techniques of interviewing children, adolescents and families

In addition to caring for a selected caseload under close attending supervision, the student will also assist the ER resident in the Psych ER two evening per week from 4 to 8 p.m.

DIDACTIC EXPERIENCE

The student will attend PGY 1&2 classes, case conferences, and weekly grand rounds.

EVALUATION METHOD

The Course Director and the Chief Resident will assess each student's performance using the appropriate evaluation form and school requirement. For more information about your evaluation, please visit your school web page or the student catalogue.

IMPORTANT INFORMATION

Students must have completed their M3 Core course in Psychiatry.

All students in the sub internship must complete six written Case Evaluations.

Students on the Adult Inpatient Service will turn their final drafts in to their inpatient attending. Students on the Child Inpatient Service will turn their papers in to their attending. The Adult write-ups should follow the format distributed in class and must be typed; the Child write-ups should follow the format provided by Dr. Ramani. The Outpatient write-up will be turned in to the outpatient attending.

In addition, all six typed write-ups must be emailed as Word attachments to the chief resident. All six write-ups must be submitted within 24 hours of the interview, and will be considered late after 48 hours.

HOW TO APPLY

If you are interested in applying, please call 516-572-5399 or visit us at www.numc.edu.