

## CME Accredited Course

Presented by



**INSTITUTE FOR  
HAND SURGERY**  
AT LONG ISLAND PLASTIC SURGICAL GROUP

# TENDING TO TENDONS: Diagnosis and Management of Injuries and Tendinopathy

Virtual CME: Wednesday, June 15, 2022

Accreditation provided by



**Nassau University Medical Center**

*This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Society of the State of New York (MSSNY) through the joint providership of Nassau University Medical Center (NUMC) and Long Island Plastic Surgical Group (LIPSG).*

*The Nassau University Medical Center (NUMC) is accredited by the Medical Society of the State of New York to provide continuing medical education for physicians. NUMC designates this live virtual event for a maximum of 3 AMA PRA Category 1 Credits. Physicians should claim only credit commensurate with the extent of their participation in the activity.*

## Program Overview

*This course is targeted for family practitioners, doctors of internal medicine, neurologists, rheumatologists, orthopedic surgeons, sports medicine specialists, athletic trainers, emergency medicine physicians, physiatrists, PAs, nurses, NPs, and hand therapists.*

*The goal of the program is to educate providers on the pathophysiology, diagnosis, and management of tendon injuries and tendinopathies. This will help practitioners in the community to provide the proper care, testing, and referral for patients with tendon issues.*

## Learning Objectives

- Discuss the biology and pathophysiology of tendon injuries and tendinopathies of the hand and wrist.
- Understand the proper work-up and stabilization of hand and wrist tendon conditions.
- Discuss the most current treatment strategies for tendon injuries and tendinopathy.

## Presenters

Roger Simpson, MD, MBA, FACS

Laurence T. Glickman, MD, MSc, FRCS(C), FACS

Brian A. Pinsky, MD, FACS

Haritha B. Veeramachaneni, MD

Michael R. Christy, MD, MA, FACS

Nikhil Agrawal, MD

Kathleen Galeno, OT, CHT



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GROUP, PC

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## Agenda

8:00 a.m.	Welcome
8:10 a.m.	Tendon Biology and Tendon Healing
8:30 a.m.	Updates on Flexor Repair
8:50 a.m.	Extensor Tendon Repair
9:10 a.m.	Flexor Tendon Reconstruction
9:30 a.m.	Questions
9:35 a.m.	Tendon Transfers
9:55 a.m.	Therapy for Tendon Injuries
10:20 a.m.	Trigger Fingers
10:40 a.m.	Other Tendinopathies (De Quervain's Intersection, ECU, FCR)
11:00 a.m.	Use of Local Anesthesia in Tendon Repair (WALANT)
11:20 a.m.	Questions
11:25 a.m.	Closing Remarks

**\$40 Tuition, 3 AMA PRA Category 1 Credits™**

**Please register by Thursday, June 8, 2022**

*\*All residents, medical students, and other trainees are welcome to attend at no cost.*

*This activity may meet BOC athletic training education requirements for category D, please reach out to the BOC if further clarification is needed.*

**For any questions, contact: Lisa Munier, 516.629.3824 or [lmunier@lipsg.com](mailto:lmunier@lipsg.com)**



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For more information and  
to register, please visit:  
**[NewYorkHandandNerve.com/CME](http://NewYorkHandandNerve.com/CME)**

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**Wednesday, June 15, 2022**

**8:00 a.m. – 11:30 a.m.**  
**LIVE ZOOM EVENT**

*Any sponsorship or registration fees will be donated to ReSurge International. ReSurge is a non-for-profit organization that provides reconstructive surgical care and builds surgical capacity in developing countries.*

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