

Matthew J. Bruderman Chairman, Board of Directors Anthony Boutin, MD, FACEP CEO & President Chief Medical Officer

**Rose Marie Young, M.D.** CME Program Director Constantine Ioannou, M.D Chair, & Residency Director Psychiatry & Behavioral Sciences

## Grand Rounds Lecture Series

## Department of Psychiatry & Behavioral Sciences

Presents

"Integrating Attachment and Reflective Functioning in Psychodynamic

Approaches to Supporting Women During Pregnancy and Postpartum"

By

Jennifer Halpern, M.A. – Psychology Intern

Dr. Laura Lamontanaro, Mentor Nassau University Medical Center Department of Psychiatry

On

Wednesday, February 22<sup>nd</sup>, 2023

## 1:00 p.m. – 2:30 p.m.

In

## Amphitheater

Learning objectives:

- 1. Enhance awareness of psychodynamic approaches to working with women (and families) in the perinatal period.
- 2. Provide an overview of ways to assess trauma, mentalization, and insecure attachment in the perinatal stagusing clinical-research measures.
- 3. *Explore the links between early trauma, attachment security and initial reflective functioning skills of perinatal women with respect to their level of psychopathology, specifically anxiety and depression.*

<u>Target audience</u>: Physicians, Fellows, Residents, PA's, NP's, Pharmacists, Medical Students and all other personnel involved in patient care.

<u>CME Accreditation</u>: NUMC is accredited by the Medical Society of the State of New York to provide continuing medical education for physicians.

<u>Credit Designation</u>: NUMC designates this *Live Activity* for a maximum of 1.5 AMA PRA Category 1 Credits <sup>TM</sup>. <u>Disclosure Policy</u>: NUMC relies upon planners and faculty participants to provide educational information that is objective and free of bias. In this spirit, and in accordance with MSSNY/ACGME guidelines, all speakers and planners must disclose relevant financial relationships with commercial interests whose products, devices or services may be discussed in the CME content or may be perceived as apparent conflict of interest. Any discussion of investigational or unlabeled use of a product will be identified.

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