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## **Grand Rounds Lecture Series**

## Department of Psychiatry & Behavioral Sciences

### **Presents**

"Impact of the COVID-19 Pandemic on the Adolescent Mental Health"

By

Jaspreet Sangha, M.D. - CAP Fellow II

Dr Sagarika Ray, Mentor Nassau University Medical Center Department of Psychiatry

On

Wednesday, February 1<sup>st</sup>, 2023 1:00 p.m. – 2:30 p.m.

In

# Amphitheater

#### Learning objectives:

- 1. To learn about the most salient stressors related to adolescent mental health during and after the COVID-19 pandemic
- 2. *Impact of quarantine and social isolation*
- 3. Identify strategies to mental health raise awareness, foster family connectedness
- *4. Share tools and resources*

<u>Target audience</u>: Physicians, Fellows, Residents, PA's, NP's, Pharmacists, Medical Students and all other personnel involved in patient care.

<u>CME Accreditation</u>: NUMC is accredited by the Medical Society of the State of New York to provide continuing medical education for physicians.

Credit Designation: NUMC designates this Live Activity for a maximum of 1.5 AMA PRA Category 1 Credits TM.

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**Funding:** No commercial funding has been accepted for the activity.