



Matthew J. Bruderman  
Chairman, Board of Directors

Megan C. Ryan, Esq.  
Interim CEO & President

Grace Ting, MD  
Interim Chief Medical Officer

Rose Marie Young, M.D.  
CME Program Director

Constantine Ioannou, M.D.  
Chair  
Psychiatry & Behavioral Sciences

## Grand Rounds Lecture Series

### *Department of Psychiatry & Behavioral Sciences*

Presents

“Clinicians’ Attitudes Towards Using Cognitive Restructuring with  
Individuals at the End of Life”

By

**Daniel Lydon, M.A. - Clinical Psychology Intern**

Dr. Nicholas Forlenza, Mentor  
Nassau University Medical Center  
Department of Psychiatry

On

**Wednesday, March 13<sup>th</sup>, 2024**

**1:00 p.m. – 2:30 p.m.**

In

**Amphitheater**

#### *Learning objectives:*

1. Recognize the importance of Mental Health Care in end-of-life scenarios.
2. Gain an understanding of the underlying philosophy of CBT and its application in end-of-life care.
3. Analyze research findings supporting CBT's efficacy in addressing the needs of individuals at the end-of-life.
4. Evaluate the impact of clinicians' attitudes and feelings on clinical practice when working with individuals at the end-of-life, as demonstrated by the current study's findings.
5. Discuss potential implications of the study's results for future training programs in end-of-life care, CBT, and broader psychotherapy practices.

**Target audience:** Physicians, Fellows, Residents, PA's, NP's, Pharmacists, Medical Students and all other personnel involved in patient care.

**CME Accreditation:** NUMC is accredited by the Medical Society of the State of New York to provide continuing medical education for physicians.

**Credit Designation:** NUMC designates this *Live Activity* for a maximum of 1.5 AMA PRA Category 1 Credits <sup>TM</sup>.

**Disclosure Policy:** NUMC relies upon planners and faculty participants to provide educational information that is objective and free of bias. In this spirit, and in accordance with MSSNY/ACGME guidelines, all speakers and planners must disclose relevant financial relationships with commercial interests whose products, devices or services may be discussed in the CME content or may be perceived as apparent conflict of interest. Any discussion of investigational or unlabeled use of a product will be identified.

**Planner and Speaker's Disclosures:** “The planner(s) and presenter(s) do not have any financial arrangements or affiliations with any commercial entities whose products, research or services may be discussed in these materials.”

**Funding:** No commercial funding has been accepted for the activity.