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## Grand Rounds Lecture Series

### *Department of Psychiatry & Behavioral Sciences*

Presents

“Acceptance and Change: Acknowledging Imperialistic Practices within DBT and Moving Towards an Anti-Racist Path”

By

**Kimberly Alba, PsyD**

Renaissance School of Medicine at Stony Brook University

&

**Shayne Ragbeer, PhD**

New York Presbyterian Hospital  
Columbia University Medical Center

On

**Wednesday April 26<sup>th</sup>, 2023**

**1:00 p.m. – 2:30 p.m.**

In

**Zoom Link:**

<https://us02web.zoom.us/j/89841758582>

*Learning objectives:*

1. Gain an overview of Dialectical Behavior Therapy’s core concepts and theory.
2. Learn how to approach care from an antiracist stance, with a specific focus on the provision of Dialectical Behavior Therapy.
3. Outline action steps for leaders and clinicians across systems regarding ongoing reflection, change, and advocacy.

**Target audience:** Physicians, Fellows, Residents, PA’s, NP’s, Pharmacists, Medical Students and all other personnel involved in patient care.

**CME Accreditation:** NUMC is accredited by the Medical Society of the State of New York to provide continuing medical education for physicians.

**Credit Designation:** NUMC designates this *Live Activity* for a maximum of 1.5 AMA PRA Category 1 Credits <sup>TM</sup>.

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