

COVID-19 VISITOR EDUCATION

HOW IS COVID-19 SPREAD?

- COVID-19 can spread easily.
- COVID-19 can spread between people and from objects and surfaces
- COVID-19 can spread when people are too close.
- COVID-19 can spread when people cough, sneeze, talk or sing

HOW CAN WE PREVENT SPREAD OF COVID-19?

- Stay away from crowds.
- Stay away from people who are sick.
- Stay away from people if you are sick.
- Wash your hands after you touch things.
- Stay at least 6 feet away from people
- Wear a mask to protect PROPERLY; Must cover nose and Wash your hands often.
- Wash your hands with soap and water for 20 seconds
- Use alcohol hand sanitizer- rub the hand sanitizer all over your hands until they feel dry.

WHEN YOU VISIT:

- Keep your well-fitted face mask on properly at all time
- Sanitize your hands with alcohol-based hand rub available in each patient room or by using of soap and water
- Limit touching of surfaces, sanitize your hands after touching surfaces
- Personal protective equipment (isolation gown) will be offered to you
- Limit your visit to the patient's room you are visiting
- Limit your time spent with the patient you are visiting

Accessible version:

<https://www.cdc.gov/coronavirus/2019-ncov/easy-to-read/prevent-gettingsick/how-covid-spreads.html>