

FALLS PREVENTION

Falls can happen to anyone at any time, and in almost any place. It can be accidental, or may result from a physical condition caused by illness, medications and/or other risk factors. The best way to prevent falls from happening is to always be aware that they can happen, and to take appropriate prevention measures.



Certain factors increase your risk of falling:



Medications



Assistive Devices



Mental Status



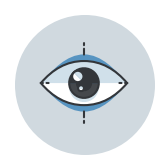
Frequent Toileting



Drops and Spills



Unfamiliar Environment



Vision Problems



Illness